

Our Accredited Occupational Programmes

Icebolentsha Foundation offers pathways into four QCTO-accredited occupational qualifications, registered on the National Qualifications Framework (NQF). This fact sheet sets out the full curriculum, entry requirements, assessment structure and progression routes for each qualification.

Social Auxiliary Worker

NQF Level 5 • SAQA ID 98890 • 129 Credits

Home Based Personal Care Assistant

NQF Level 2 • SAQA ID 104779 • 68 Credits

Home Based Personal Care Worker

NQF Level 3 • SAQA ID 104792 • 135 Credits • HBPCW-01

Health Promotion Officer

NQF Level 3 • SAQA ID 94597 • 163 Credits • HEAPRO-01

Qualification codes, durations and entry requirements reflect the national qualification register at time of publication and the standard delivery model for each occupational certificate. Confirm current intake dates, fees and site-specific requirements with our programme coordinator before applying.

Social Auxiliary Worker

NQF Level 5

Social Auxiliary Workers assist registered Social Workers in the provisioning of social services and support to individuals, families, groups and communities across a full range of social welfare matters — including emotional and financial stress, recreational and housing-related needs, and developmental community support.

COURSE CODE

SAW-01*

NQF LEVEL

Level 5 • 129 Credits

DURATION

~12 months

ACCREDITATION

QCTO

A QUALIFIED LEARNER WILL BE ABLE TO

- Provide basic counselling and support services to individuals and families facing socio-economic challenges.
- Facilitate non-therapeutic (educational and support group) programmes toward developmental goals.
- Facilitate participatory development in communities to address common socio-economic needs and promote social justice.
- Collect and collate data to inform social services intervention strategies.

ENTRY REQUIREMENTS

- Minimum NQF Level 4 qualification / Grade 12 (matric) or equivalent.
- A mentor who is a registered social work professional with at least two years' experience (the Foundation assists where needed).
- Learners must register with the South African Council for Social Service Professions (SACSSP) to practise.
- No person with a criminal record or child abuse record will be considered for the programme.

TOPICS COVERED

Knowledge Modules (50 credits)

- Social Auxiliary Work and Social Welfare Services in the South African Context (28 credits)
- Social Work — Methods and Principles (9 credits)
- Communication and Life Skills in Social Auxiliary Work (13 credits)

Practical Skill Modules (33 credits)

- Render basic counselling and support — support the counselling processes (7 credits)
- Support the processes to intervene with individuals and families (4 credits)
- Facilitate educational, life skills and support group programmes (7 credits)
- Assist in implementation of community development processes (8 credits)
- Assist with obtaining and keeping data that inform social services intervention strategies (7 credits)

Work Experience Modules (46 credits)

- Exposure to the client counselling and referral processes (10 credits)
- Exposure to the facilitation of non-therapeutic group processes (14 credits)
- Exposure to community development processes (12 credits)
- Exposure to the social work administration processes (10 credits)

ASSESSMENTS

- Ongoing internal formative and summative assessment across Knowledge, Practical Skill and Work Experience Modules.

Social Auxiliary Worker

NQF Level 5

- 1 External Integrated Summative Assessment (EISA), conducted through HWSETA as the QCTO's Assessment Quality Partner for this qualification.
- Learners must submit a completed Statement of Work Experience and proof of completed Knowledge and Practical Skills Modules to qualify for the EISA.

CERTIFICATE & PROGRESSION

On successful completion of the EISA, learners are awarded the Occupational Certificate: Social Auxiliary Worker from the QCTO, and may register with SACSSP to practise as a Social Auxiliary Worker.

- Higher Certificate in Social Auxiliary Work — NQF Level 5 (horizontal articulation)

Home Based Personal Care Assistant

NQF Level 2

Home Based Personal Care Assistants provide basic physical and emotional support to patients and their families or household members within a home-based care environment. This entry-level qualification equips learners to work under the direct supervision of a professional supervisor, and can serve as a stepping stone toward the fuller Home Based Personal Care Worker qualification.

COURSE CODE

HBPCA-01*

NQF LEVEL

Level 2 • 68 Credits

DURATION

6–10 months

ACCREDITATION

QCTO

A QUALIFIED LEARNER WILL BE ABLE TO

- Assess and identify the needs of patients and family/household members.
- Identify and report on the ongoing needs of patients and family/household members.
- Implement delegated components of a patient's care plan.
- Capacitate patients and household/family members in basic practical care skills.

ENTRY REQUIREMENTS

- Minimum NQF Level 1 / ABET Level 4 or Grade 9 schooling (no specific subjects required).
- Basic communication and literacy skills in English.

TOPICS COVERED

Knowledge Modules (8 credits)

- Fundamentals of Home Based Care

Practical Skill Modules (30 credits)

- Identify and report on possible needs of patients and family/household members on an ongoing basis
- Implement delegated components of the care plan (household and patient)
- Capacitate patients/family/household members in basic practical care skills

Work Experience Modules (30 credits)

- Exposure to the processes of monitoring the implementation of home-based care plans
- Exposure to the processes of ensuring the active participation of patients and households in the management of care at home
- Exposure to the processes of capacitating patients/family/household members in basic practical care skills

ASSESSMENTS

- Ongoing internal assessment for Knowledge Modules, including practical and work-integrated learning.
- 1 External Integrated Summative Assessment (EISA), administered by the QCTO.
- Learners must submit a completed Statement of Work Experience and proof of completed Knowledge and Practical Skills Modules to qualify for the EISA.

CERTIFICATE & PROGRESSION

On successful completion of the EISA, learners are awarded the Occupational Certificate: Home Based Personal Care Assistant from the QCTO.

- Serves as an entry point toward further training as a Home Based Personal Care Worker — NQF Level 3.

Home Based Personal Care Worker

NQF Level 3 · HBPCW-01

Home Based Carers provide supervised care and support to patients and their immediate families/household members in the home and appropriate community-based settings, in order to promote, restore and maintain a person's maximum level of comfort, function and health — including care towards a dignified death. This qualification equips learners with the skills and competence to operate as Home-Based Carers.

COURSE CODE

HBPCW-01

NQF LEVEL

Level 3 · 135 Credits

DURATION

18–24 months

SAQA ID

104792

A QUALIFIED LEARNER WILL BE ABLE TO

- Assess, plan and provide holistic (physical, spiritual, emotional and social) care and support for patients and household members.
- Capacitate patients and household/family members as participants in the patient care team.
- Make appropriate referrals in order to facilitate a continuum of care.
- Maintain records and reports regarding care and support provided.

ENTRY REQUIREMENTS

- NQF Level 1 with Mathematics.
- SAQA equivalency required for non-SA qualifications.

TOPICS COVERED

Knowledge Modules (45 credits)

- Fundamentals of Home Based Care
- Community Health Care and Social Support
- Rehabilitative Care within a home based environment
- Therapeutic Care within the home based environment
- Supportive and Palliative Care

Practical Skill Modules (45 credits)

- Assess and identify the needs of patients and family/household members
- Identify and report on possible needs of patients and family/household members
- Implement delegated components of the care plan
- Educate patients and family/household members on specific health/social conditions
- Capacitate patients/family/household members in basic practical care skills
- Record and submit required information as per the schedule

Work Experience Modules (45 credits)

- Exposure to assessing, planning and providing holistic care
- Exposure to monitoring the implementation of the home based care plan
- Exposure to ensuring the active participation of patients
- Exposure to capacitating patients/family/household members in basic practical care skills
- Exposure to referral processes
- Exposure to conducting follow up on referred patients
- Exposure to reporting and maintaining records within the home based care environment
- Exposure to participating in care team activities

Home Based Personal Care Worker

NQF Level 3 · HBPCW-01

ASSESSMENTS

- 5 formative assessments and 5 controlled summative assessments.
- 6 practical assessments and 8 workplace assessments.
- 1 External Integrated Summative Assessment (EISA), administered by the QCTO — requires a completed Statement of Work Experience and proof of completed Knowledge and Practical Skills Modules.

CERTIFICATE & PROGRESSION

On successful completion of the EISA, learners are awarded the Occupational Certificate: Home Based Personal Care Worker from the QCTO.

- Horizontal: Occupational Certificate — Health Promotion Officer (Community Health Worker), NQF Level 3.
- Vertical: Further Education and Training Certificate — Community Water, Health and Sanitation Facilitation, NQF Level 4.

Health Promotion Officer

NQF Level 3 · HEAPRO-01

Community health workers act as a bridge between vulnerable populations within the community and the providers of professional health services, community services and social agencies. This qualification prepares learners to carry out basic health screening of communities, household groups and individuals; provide basic health education and referrals; and support people in navigating the health and social services system.

COURSE CODE

HEAPRO-01

NQF LEVEL

Level 3 · 163 Credits

DURATION

22–24 months

SAQA ID

94597

A QUALIFIED LEARNER WILL BE ABLE TO

- Conduct community, household and individual health assessments and facilitate access to appropriate health services.
- Promote the health of households and the individuals within those households.
- Refer persons for further health assessment and testing after performing simple basic screening.
- Provide limited, simple health interventions in a household (basic first aid, oral rehydration, and other basic interventions).
- Provide psychosocial support, including treatment defaulter tracing and adherence support.

ENTRY REQUIREMENTS

- NQF Level 1 or equivalent competences in Mathematical Literacy and Communication.
- SAQA equivalency required for non-SA qualifications.
- Learners must be adequately mobile to work within a community, with adequate visual and hearing capacity to master the curriculum's skills.

TOPICS COVERED

Knowledge Modules (40 credits)

- Public and Community Health Support
- Family and Community Services
- Basics of Community Health

Practical Skill Modules (63 credits)

- Mobilise community to address community health issues
- Identify the service needs and ease of access to health and social services
- Promote healthy lifestyles and mental wellbeing
- Promote HIV prevention including HIV testing, condom use, partner reduction, circumcision, STI
- Provide information on prevention of accidents and incidents in homes
- Record and report on information provided to individuals, households and communities
- Promote and provide support for maternal and women's health
- Promote child health
- Support community members with psychosocial problems
- Provide an integrated approach to support treatment
- Identify and treat a select number of minor ailments
- Provide basic support to people who are unable to care for themselves

Health Promotion Officer

NQF Level 3 · HEAPRO-01

Work Experience Modules (60 credits)

- Operation and dynamics of communities
- Household registration and assessment processes
- Health promotion processes
- Formal health provision processes
- Emotional and social wellness support processes
- Household treatment processes of minor ailments

ASSESSMENTS

- 3 formative assessments and 3 controlled summative assessments.
- 12 practical assessments and 6 workplace assessments.
- 1 External Integrated Summative Assessment (EISA), administered by the QCTO — requires a completed Statement of Work Experience and proof of completed Knowledge and Practical Skills Modules.

CERTIFICATE & PROGRESSION

On successful completion of the EISA, learners are awarded the Occupational Certificate: Health Promotion Officer from the QCTO.

- Vertical: Higher Certificate in Social Auxiliary Work — NQF Level 5.
- Vertical: Further Education and Training Certificate — Community Health Work, NQF Level 4.



ICEBOLENTSHA FOUNDATION

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Get In Touch

Enquire about any programme

Ready to enrol, or still deciding?

Our team can help you choose the right qualification, confirm intake dates and fees, and walk you through the application process. Reach out at any of our three branches.

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** Course codes marked with an asterisk are internal reference codes pending confirmation. SAQA IDs, NQF levels and credit values are drawn from the national qualifications register.*